

## XIII Triathlon Garwoliński

Garwolin, 27.06.2026

750+20+5

WYNIKI

MSC	IMIĘ	NAZWISKO	NR	KLUB	KAT	MSC/KAT.	PŁYWANIE	T1	ROWER	T2	BIEG	CZAS
1	Kamil	Duplicki	14	Beko	Elita M	1	00:11:19	00:12:35	00:41:16	00:42:04	01:00:41	01:01:09
2	Łukasz	Biernacki	7	Victus Rębków	Elita M	2	00:11:21	00:12:33	00:41:19	00:42:13	01:00:53	01:01:25
3	Mateusz	Tkaczyk	57	Triumf Team	Elita M	3	00:12:22	00:13:56	00:44:29	00:45:34	01:05:31	01:06:02
4	Paweł	Grochowski	76	MBC Team	M30-39	1	00:12:25	00:13:44	00:44:51	00:46:02	01:06:37	01:07:08
5	Krzysztof	Urban	71	Triwawa	M40-49	1	00:12:03	00:13:19	00:44:53	00:46:19	01:07:41	01:08:14
6	Tomasz	Bujko	11	BujkoTriCoach	M40-49	2	00:12:11	00:13:45	00:44:49	00:45:59	01:08:38	01:09:13
7	Przemysław	Kozłowski	27	MBC	M30-39	2	00:14:01	00:15:11	00:46:30	00:47:38	01:10:08	01:10:43
8	Jaś	Dzięcielski	15	DTZ	M16-29	1	00:12:16	00:14:40	00:49:14	00:50:59	01:10:52	01:11:21
9	Tomasz	Suchodolski	54	STOPKA PILAWA	M16-29	2	00:15:50	00:17:56	00:50:38	00:51:53	01:12:15	01:12:46
10	Antoni	Roman	44		M16-29	3	00:12:16	00:14:20	00:49:29	00:50:55	01:12:20	01:12:55
11	Michał	Kąkol	22		M40-49	3	00:14:35	00:17:04	00:50:59	00:52:17	01:12:43	01:13:07
12	Marek	Składanowski	50	Relentless	M30-39	3	00:12:29	00:15:00	00:48:27	00:50:34	01:12:39	01:13:08
13	Jan	Sierański	47	FMT Otwock	M30-39	4	00:13:52	00:16:20	00:49:21	00:50:51	01:12:40	01:13:10
14	Mariusz	Leszek	31	Towarzystwo Biesiadno Sportowe	M40-49	4	00:15:25	00:17:08	00:49:08	00:50:33	01:12:47	01:13:16
15	Emil	Uzdziło	72	Sport2freedom	M40-49	5	00:14:32	00:15:48	00:49:13	00:50:30	01:12:49	01:13:18
16	Andrzej	Ignatowicz	21	SK TRISWIM TEAM	M50-59	1	00:12:47	00:14:47	00:48:51	00:50:27	01:13:31	01:13:57
17	Marcin	Poncyliusz	69		M40-49	6	00:13:02	00:14:47	00:48:28	00:49:56	01:13:26	01:14:00
18	Ida	Cewińska	64	Trimasters	Elita K	1	00:12:27	00:13:32	00:49:56	00:51:14	01:13:39	01:14:12
19	Jakub	Zarzycki	62		M16-29	4	00:13:15	00:14:48	00:50:06	00:51:52	01:14:26	01:14:56
20	Łukasz	Dzięcielski	16	DTZ	M40-49	7	00:15:18	00:18:19	00:52:48	00:54:46	01:16:00	01:16:32
21	Wojciech	Skalik	49		M30-39	5	00:17:02	00:18:41	00:51:08	00:52:30	01:16:40	01:17:18
22	Karol	Sachs	46	Wielkie Białe Koguty	M40-49	8	00:16:02	00:18:04	00:53:34	00:54:44	01:17:09	01:17:44
23	Jakub	Rosiński	45	TEAM TRENUJ	M30-39	6	00:14:27	00:17:01	00:52:28	00:53:54	01:17:45	01:18:20
24	Jakub	Janiszek	66		M16-29	5	00:14:49	00:17:28	00:52:39	00:54:42	01:18:15	01:18:47
25	Andrzej	Kurkiewicz	29		M50-59	2	00:13:57	00:15:34	00:49:24	00:52:02	01:18:45	01:19:26
26	Maciej	Bartosiak	2	Triclub	M30-39	7	00:15:29	00:17:46	00:51:13	00:52:57	01:19:23	01:20:02
27	Bartłomiej	Garnek	18	jtendo	M30-39	8	00:21:29	00:23:25	00:57:12	00:58:36	01:19:49	01:20:19
28	Rafał	Okoń	41	Stowarzyszenie biesiadno-sportowe	M40-49	9	00:18:05	00:19:18	00:54:50	00:56:41	01:19:50	01:20:28
29	Mateusz	Szewczyk	55	Sushi TEAM	M30-39	9	00:18:21	00:20:03	00:54:57	00:56:36	01:20:53	01:21:27
30	Robert	Głogowski	19	FunTri	M30-39	10	00:15:39	00:17:56	00:54:14	00:56:05	01:21:26	01:22:03
31	Agnieszka	Flont	17	Teoria Biegania według Bartka	Elita K	2	00:17:13	00:19:13	00:56:13	00:57:53	01:21:39	01:22:15
32	Maciej	Głowala	65		M30-39	11	00:14:42	00:18:14	00:54:08	00:56:38	01:21:46	01:22:19
33	Piotr	Stasiewicz	53	jtendo	M40-49	10	00:14:09	00:16:24	00:53:35	00:55:09	01:21:50	01:22:30
34	Mateusz	Czublun	12		M16-29	6	00:14:50	00:18:22	00:54:22	00:55:34	01:22:31	01:23:13
35	Jacek	Winiarczyk	73	Mazovia Ice Swimming Team	M50-59	3	00:13:07	00:15:22	00:55:15	00:57:16	01:23:03	01:23:41
36	Andrzej	Wegiera	59	Lubelska Grupa Triathlonu	M50-59	4	00:16:19	00:18:53	00:54:15	00:56:25	01:24:28	01:25:02
37	Piotr	Liber	34	The Luzers	M40-49	11	00:16:37	00:20:51	00:55:54	00:58:12	01:24:32	01:25:09
38	Joanna	Włoch	74		Elita K	3	00:18:53	00:21:24	00:58:08	00:59:44	01:24:49	01:25:29
39	Damian	Berta	5	Radzymin Run Team	M40-49	12	00:17:23	00:18:41	00:55:48	00:57:14	01:24:51	01:25:34

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40	Tomasz	Zaborowski	75		M50-59	5	00:15:44	00:17:17	00:54:19	00:56:18	01:24:57	01:25:39
41	Karol	Brzeźnicki	10	KS Dyzurka Team	M40-49	13	00:14:43	00:16:50	00:53:23	00:55:15	01:25:29	01:26:10
42	Grzegorz	Otlowski	42		M40-49	14	00:16:59	00:19:14	00:58:10	00:59:14	01:26:05	01:26:44
43	Dariusz	Poszeleżny	43	JTENDO	M50-59	6	00:17:59	00:20:27	00:58:05	01:00:02	01:26:19	01:26:55
44	Mariusz	Tumielewicz	58	Team ZabieganeDni	M40-49	15	00:18:48	00:20:37	00:57:56	01:01:02	01:27:32	01:28:07
45	Kasia	Raniszevska	77	Team ZabieganeDni	K40-49	1	00:18:19	00:20:48	00:58:10	01:00:14	01:27:51	01:28:33
46	Katarzyna	Strusińska	70	Mińska Grupa Rowerowa/KS Barakuda	K40-49	2	00:16:57	00:19:18	00:58:13	00:59:48	01:28:18	01:29:03
47	Łukasz	Cabaj	63	ULKS Mazowsze Miętne	M40-49	16	00:15:31	00:18:46	00:57:46	00:59:54	01:28:49	01:29:17
48	Piotr	Czublun	13		M50-59	7	00:16:13	00:19:20	00:58:15	01:00:19	01:28:45	01:29:25
49	Katarzyna	Macewicz	35	Mazovia Ice Swimming Team	K50+	1	00:16:10	00:19:08	00:58:12	01:00:21	01:28:59	01:29:39
50	Łukasz	Staroń	52	Ortoreh	M30-39	12	00:13:13	00:16:13	00:54:37	00:57:27	01:28:24	01:29:57
51	Nikita	Berezinskiy	4		M16-29	7	00:17:50	00:20:29	01:00:15	01:01:21	01:29:32	01:30:02
52	Arkadiusz	Sławiński	51	TRICLUB	M30-39	13	00:17:35	00:20:46	00:59:26	01:01:11	01:30:49	01:31:21
53	Marcin	Niecko	40		M30-39	14	00:20:37	00:23:21	01:04:18	01:06:00	01:31:21	01:31:59
54	Marta	Szul	56		K30-39	1	00:18:20	00:21:19	01:00:52	01:02:56	01:32:27	01:33:06
55	Paweł	Kozłowski	26	Mamyito.pl	M30-39	15	00:19:17	00:21:52	01:00:46	01:03:39	01:33:27	01:34:05
56	Maciej	Kostrzon	25	Sfora BMK	M50-59	8	00:18:23	00:22:34	01:02:35	01:05:16	01:33:31	01:34:13
57	Damian	Bąbol	3		M30-39	16	00:22:23	00:25:56	01:07:29	01:08:56	01:34:18	01:34:58
58	Agnieszka	Michalik	68		K30-39	2	00:20:34	00:23:30	01:07:02	01:08:34	01:34:37	01:35:12
59	Paweł	Liber	33	The Luzers	M40-49	17	00:17:10	00:19:32	00:58:08	01:00:49	01:34:49	01:35:25
60	Adam	Wroczyński	60		M50-59	9	00:17:45	00:20:39	00:58:04	01:01:10	01:34:55	01:35:35
61	Michał	Siwko	48	Sport2freedom	M40-49	18	00:18:01	00:21:35	01:02:01	01:03:39	01:35:08	01:35:48
62	Malgosia	Kosmala	24	Triwawa	K40-49	3	00:18:45				01:35:09	01:35:53
63	Paweł	Adamczyk	1		M40-49	19	00:19:12	00:21:39	01:00:15	01:01:54	01:35:39	01:36:15
64	Sylvia	Narewska	39	Nadaktywni	K40-49	4	00:18:09	00:20:57	01:02:14	01:04:30	01:36:09	01:36:52
65	Zbigniew	Leszek	32	Towarzystwo Biesiadno Sportowe	M65+	1	00:18:26	00:22:21	01:02:39	01:04:50	01:36:21	01:37:00
66	Bruno	Borowiak	8	Józefovia	M16-29	8	00:18:16	00:21:49	01:11:17	01:12:43	01:42:20	01:43:06
67	Grzegorz	Borowiak	9	Józefovia	M40-49	20	00:18:11	00:21:53	01:11:13	01:13:24	01:42:20	01:43:06
68	Tomasz	Kowalski	67	Relentless	M30-39	17	00:13:58	00:16:48	01:18:33	01:20:29	01:43:12	01:43:42
69	Agata	Mytenia-Sierańska	38		K30-39	3	00:19:26	00:24:00	01:07:56	01:09:54	01:43:27	01:44:04
70	Rafał	Majsterek	36		M16-29	9	00:12:28	00:16:54	00:57:45	01:00:16	01:44:01	01:44:26